

# UNITY DAILY WORD

*A Page of Sunshine for Every Day*



*Revealing the way to*  
**HEALTH, HAPPINESS and PLENTY**

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A Copy

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A Year

## AFFIRMATIONS USED BY SOCIETY OF SILENT UNITY

March 20 to April 19

*Jehovah-nissi is my banner of spiritual understanding, and Truth reveals itself to me.*

*Jehovah-shalom gives me peace of mind, and I am harmonized and healed.*

*The peaceful presence of Jehovah-shalom relieves me from financial anxiety, and Jehovah-jireh fills the coffers of my mind and affairs.*

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We also publish *Good Business*, *Progress*, *Wee Wisdom*, *Unity*, *Weekly Unity*, and *Unity Sunday School Leaflet* at \$1 a year each.

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APRIL  
1936

# UNITY DAILY WORD

A little companion that daily directs your steps to the sun-tipped heights in whose glory you shall behold yourself as a son of God; for such you are.

Nonsectarian. Published monthly.

F. B. WHITNEY, *Editor*

Editorial suggestions and comments may be addressed to Editor of UNITY DAILY WORD, % Unity School of Christianity, 917 Tracy Avenue, Kansas City, Mo.



## COUNTENANCE

The face should wear the  
appearance of the inward  
feeling.

—*Confucius.*



## STONES ARE ROLLED AWAY

CLARENCE EDWIN FLYNN

Four stones there are that block our path  
And keep our souls in gloom  
And shut our lives away from day  
And hold us in the tomb:

The stone of futile purposes,  
The stone of littleness,  
The stone of blindness to the Truth,  
The stone of bitterness.

Blessed be God when comes the dawn  
Of the heart's Easter Day  
Across the hills and vales of life—  
They all are rolled away.

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## KEEPING MATHEMATICALLY CORRECT

A TEACHER of psychology once displayed on the wall of his study a column of small numbers with a mistake in the sum to see how many persons calling on him would be mentally alert enough to discover the mistake and call his attention to it. He was surprised to find how many persons would make the effort to add the numbers. At the side of the sum he had written the word "correct." Possibly that word challenged the thought of those who saw it.

If you were to see the numbers 17, 23, and 34 in a column and 77 given as their sum and marked correct, you would go over them quickly in your mind and see that they total 74. There would be a little disquiet in your mind until you had made the correction or had helped the person responsible for the mistake. The mental reaction would be but one of two reactions you would have. The second would be a deep conviction and assurance that you were right. You would feel that your conclusion was "mathematically" correct because you would know that you could rely upon the principles of mathematics to back you up in your solution. In detecting the mistake and correcting it you would feel an inner sense of victory that you had overcome a negative belief through the power of principle.

We come to know the teachings of Christ and Truth, the science of prayer, as "mathematically" correct in a similar way. When we understand, are acquainted with, and apply the principles of Truth that Jesus knew and applied, we are able to keep our thought and our world mentally and objectively in order. We keep mentally straight when there is no mental standard but the principles of Truth. No false belief can abide in our mind when there is no compromise with falsity. There can be no principle of falsity; hence, erroneous beliefs, beliefs contrary to the Truth of Christ, cannot deceive us and prevent us from being mathematically correct and scientific in the Truth sense.

When we have figures to add, we depend upon the principle of addition or shall we say the principle of increase. Foolish indeed would be the person needing to find an increase when he added the figures together who should apply some so-called law that would cause his figures to show a decrease. If he added 23 and 34 together, he would be ignorant and foolhardy if he accepted 47 as their sum just because his associates, who were not mathematically logical in their thinking, thought that the incorrect total was correct and that he should be contented with a decrease. We should consider him superstitious if he believed that the mistake or the decrease was the will

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of the god of his religion or that he thought he found favor in the sight of this god, this principle of mistakes, if he believed that the decrease brought with it holiness and divine grace.

The student of Truth who has a health problem to handle must keep his thinking mathematically correct as well as his application of the Christ principle to his problem. Even though the whole world argues against his principle, he must be loyal to it. He must be scientific in his thinking. He must rely absolutely upon his principle. He must have the inner assurance and deep conviction that there is no other principle, no principle of mistakes or evil, to prevail against his one principle of Truth and health.

Christ on the one hand is loving and tender. On the other He is dependable in time of prayer, as accurate and scientific as the accuracy and science of the prayer that is His. He comes to man in a world of mixed thought and divergent opinions and gives him a standard of thought by which he can separate the chaff from the wheat, false beliefs from Truth. A study of His teachings, His Truth, gives to man a guiding principle that makes no compromise with error. Man cannot accept disease as Truth when he listens to and obeys the word of Christ. Truth cannot make him go mentally astray, it cannot bind him to false arguments. Truth liberates him.

## MARKSMANSHIP

THE LIFE of many persons is but a series of ups and downs, failures and successes, occasions of falling short of or measuring up to some mark. We see about us those who seem to be expert in their marksmanship, who measure up to our ideal of successful living. On the other hand, there are many instances of persons whose main "success" seems to lie in always falling short of what is expected of them!

The subject of sin interests us in this relation. Teachers and writers of all time have observed that man falls short of an ideal when he sins. Paul taught: "All have sinned, and fall short of the glory of God." They fall short of the mark that God has placed before them when they become in appearance something else than He expects of them as His children. In this connection the old proverb "A miss is as good as a mile" comes to mind. We see that man either measures up to what God expects of him or else he misses the mark.

In the *Metaphysical Bible Dictionary* sin is defined as "missing the mark; falling short of the divine law. The divine law is the law of God, the law of Being; it is the underlying principle of every man's being and of the universe. Sin is a departure from the law of our being." Many persons think of sin as involving only immoral acts and especially

deeds that harm themselves or others. In the passage quoted we see that what one does or does not do does not in itself constitute all of the sin involved. The sin lies in the failure to measure up to a certain standard, a failure to hit the mark.

The matter of trying hard is commendable only if it brings results. The first prize, however, goes not to him who has tried hard and lost but only to him who has won. The virtue lies not in trying hard but in succeeding. On the other hand, the force of sin that we have to reckon with is not decreased because of our excuses or the discouragements we have encountered. Many times a teacher sympathetic toward a student because he has tried hard would like to give him the prize for accomplishment, but if the student falls short of accomplishment, he must not expect to be entitled to the prize.

In the study of Truth we keep before us the perfect pattern of divine sonship. We seek not to measure up halfway but to accomplish what God has intended that we should accomplish. We seek perfect health because that is the perfect mark. We know that we "fall short of the glory of God," the glory of expressing perfect health, when we sin, when we fall short in consciousness of health.

The absolute position in metaphysical treatment does not compromise with any power that flaunts

itself as on a par with God. We must think of God as all power and of all that seems in opposition to Him as powerless. In our marksmanship we must consider only the perfect pattern and the goal. We must not let our eyes be fixed upon anything short of the mark.

The person who wants to succeed must keep success in mind. If he keeps in mind what he would do if he fails to succeed, he may find himself failing and compelled to take something short of the mark of success. The motorist who keeps his eye on the thing he should not run into finds that he heads for it. Many persons are so occupied in thinking about what they should not do that they fall short of the mark they should shoot at and hit.

Many men do not succeed because they lack the measure of prosperity consciousness that assures complete success. They fall short in consciousness and consequently fall short in tangible supply. They almost hit the bull's-eye but do not quite do so. The individual who makes a complete success in life is backed by a full-rounded consciousness of life.

Do you see that, considered from a metaphysical standpoint, the sinner is any one who fails to measure up to the standard God has put before him? If he falls short of the glory of God that comes to him through perfect consciousness of Truth, he sins.

## SURRENDER

CARRIE M. FREEL

Put aside the human ego,  
    Bowing to the will supreme;  
Rise of power is sure to follow,  
    All your soul with joy will teem.

When you pass the gates of meekness,  
    Then all power is yours in fee,  
Then you will behold the light that  
    Never shone on land or sea.

If you make the full surrender,  
    Bowing down and giving all,  
Then the very power of nature  
    Will respond unto your call.

As a rosebud in its beauty  
    Opens wide unto the sun,  
So will you unfold in spirit  
    Looking only to the One.

Then will come divine instruction  
    When you answer the high call;  
You will be indued with power  
    When you have surrendered all.

## PERFORM A MIRACLE

**H**OW OFTEN we have the experience in this modern world of strenuous living and extra demands of finding that something seemingly impossible to perform has to be done! In the language of the magician, we have to "pull out of the hat" ways and means for performing the task, we have to look beyond the usual resources to find the solution to our problems. "Out of the hat," adapted to metaphysical usage, becomes to us "out of our mental and spiritual resources."

Few indeed must be those who do not find at times that only a miracle will accomplish the task, solve the problem, bring about healing, restore a broken friendship. We may define a miracle as an event in the physical world that is beyond explanation from a physical standpoint, an event that cannot be accounted for or produced except by the action of a supernatural force. A miracle, we can see, does not reveal to us the mechanics of its operation. It is something that takes place in an invisible or indefinable way, and the ordinary standards of man's objective life cannot be applied to it.

Instead of despairing when you are seemingly at your wit's end, have you thought of giving yourself and your affairs to Christ? You must have found before this that man may work to his wit's end, but Christ takes up His work at that point and carries

it through to completion and success. Man in turn exclaims that a miracle has been performed when Christ has only been showing and demonstrating to him how to use supernatural and higher laws.

The metaphysician understands the law of the miracle. It is the law of Spirit in operation, working beyond the usual explanation of human reasoning. It is the law of faith working independently of man's doubt. It is the law of the invisible bringing into visibility that which man previously believed could not be brought into visibility. It is God's answering, "I can do all things," when man has said, "It can't be done." It is Christ's hearing man's despair and lending to and bestowing upon man His own wisdom and strength.

The law of miracles, based upon the universal and eternal law of God, is not one that was in effect only in Palestine nineteen or twenty centuries ago. It is the law of God used by Christ in the heart of man wherever man may be, whatever may be his difficulty. We can see that the law of miracles is a law of and for human needs, a law of desperate cases, a law of final recourse.

In applying the law of miracles to your affairs or problems Christ makes but this simple demand of you: that you do not question how He will do the work, that you do not outline to Him how He shall

do the work you have not succeeded in doing. You are not to wonder how or why or when Christ will work. You are to keep such questions and doubts out of mind. You are to make your mind an open channel for receptivity, free from the barriers of question and doubt.

Our performing a miracle is really a matter of our not doing anything ourselves, a matter of giving ourselves entirely into the hands and care of Christ. We become silent and patient witnesses to the work of Christ. We stand aside and see Him perform a miracle. We see Him produce for us a coin as once He produced one from the mouth of a fish when money for taxes was needed. We hear Him saying, "Peace, be still," to the troubled waters of our mind and affairs. We behold Him multiplying loaves and fishes, increasing the supply of our daily bread.

Instead of thinking of a miracle as something entirely foreign to our affairs, should we not rather think of our life and affairs as made up of a series of miracles? Could it not be true that we have become so used to miracles that we fail to appreciate them? Is it not a miracle that we live so abundantly? Is it not a miracle that we have recourse to Christ who will supply us with whatever we need and desire, whenever we want it, and in abundant measure?

Perform a miracle? The difficulty would seem



to be to do anything else. Man through false education has thought himself away from the miracle consciousness. He has thought of himself as living in a world without miracles, in a world apart from Christ. He needs to live with Christ and in the miracle consciousness. He needs to live in the realization that the real world is one of miracles.

If we think of ourselves as living in the world of miracles, we find them on every hand. We know that that which seems impossible to ordinary reasoning is but the signpost to a miracle. We realize that miracles only appear when human reasoning meets defeat. Miracles appear only when we are willing to cease wondering how and when help will come and when we are ready to give ourselves entirely to the care of Christ.

There are those who say that their world has been a world of miracles since they took up the study of Truth and found out about miracles. They have found that Christ works for us when we have seemingly come to the end of our efforts.

Thinking about miracles helps us to get out of the belief in the impossible. We cease trying to wonder how Christ will bring good into our life. We cease wondering when help will come. We are willing to rest from our own fruitless efforts and worrying and to let Christ work in and through us.

## WEDNESDAY, APRIL 1

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*As my faith in Christ in the midst of me increases, I am free from all doubt and unbelief.*

**T**URNING to Christ for an increase in faith, we find that we are relieved of doubt. We can no longer doubt His power and goodness. We rise out of unbelief as we find we have more and more faith in Christ. We cease to believe in evil, sin, disease, fear, and failure when our faith in good, love, joy, health, and plenty is increased.

Faith like muscles increases through exercise. Those of little faith have but to use it in order to have it increase. They need but have faith in little things in order to find that their faith has so increased that it can be exercised in larger things. The development of their faith often takes place without their being conscious of it.

What do you place your faith in? Do you believe that evil in some guise is mightier than Christ? Do you center your faith in things of the world external to you or in Christ in the midst of you? Do you center your faith in some power in the world about you or do you have absolute faith in Christ?

*Your faith should not stand in the wisdom of men, but in the power of God.—I COR. 2:5.*

## THURSDAY, APRIL 2

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*Christ in me has set me free from every  
kind of bondage.*

WE THINK of bondage as of different kinds and as appearing in various guises, but the only bondage is that to adverse belief. Man finds himself in bondage when he believes that persons and things of the world have power to enslave him. His bondage is not directly to the thing but to his own mesmerizing thought. His freedom comes not when there is a change in the attitude of the thing toward him but when his own attitude changes from belief in bondage to the truth of freedom.

Our first step toward freedom comes when we realize that our bondage is entirely a matter of thought. Likewise our freedom is a matter of change in thinking and it involves an acceptance of a certain freedom that has always been ours. Man, although free in Christ, mesmerizes himself into believing that persons and things of the external world have power to take his freedom from him.

If you would be free, exercise care that you do not entertain thoughts of bondage.

*For freedom did Christ set us free: stand fast therefore, and be not entangled again in a yoke of bondage.—GAL. 5:1.*

## FRIDAY, APRIL 3

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*The peace of Christ within my heart is now expressed as peace in my world of peace.*

THE PERSON who feels that he lacks peace in his life is one who lacks a consciousness of the presence of Christ. He lacks peace in his world because he feels a lack of Christ in his heart. He can find peace in his world only through finding Christ. His world of inharmony is transformed to a world of peace when Christ rules in his life.

Those who are peaceful sense a certain inner presence of peace that things of the outer world cannot destroy. They abide in a certain consciousness of peace against which nothing in all the world can prevail. They abide in the realization that the profound peace of the inner presence cannot be affected by the state of things of the world about them.

Those who know Christ lead peaceful lives. They have an environment of peace. The presence of Christ infolds them with peace because a great peace fills their heart. The peace of Christ appears in their life as indicative of the peace they have within themselves. Christ bestows peace upon them because they are loyal to Him and turn often to His peace.

*My people shall abide in a peaceable habitation.—ISA. 32:18.*

## SATURDAY, APRIL 4

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*Christ, ever patient, inspires me to be patient in every situation.*

WHEN YOU become impatient with the external world, its people and things, turn to the presence of Christ within you and His patience. Instead of becoming impatient with the world, become patient like Christ. Feel His patience and realize that in Truth it is yours. Meditate upon the many situations in the life of Jesus wherein He was patient, never anxious, never complaining. He was so conscious of His Christhood, so patient, that He was Master.

If you would be patient, no longer think of things as having power to thwart your endeavors. Do not think of things as having power to delay the good that comes to you. Do not become impatient with yourself. Cease to think of the personal side of life and think of the power of Christ.

The patient person has an inner assurance that all is well. He realizes that through Christ all things will be adjusted to his highest good. He knows that Christ in him inspires him to patience even when things of the world would seem to conspire against him.

*Bring forth fruit with patience.*—LUKE 8:15.

## SUNDAY, APRIL 5

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*The fearless presence of Christ within and about me assures me of indomitable courage.*

THOSE who are fearful have but to turn to Christ within them in order to lose their fear. They have but to let His thoughts of Truth and courage fill them in order to get away from the consciousness of fear. Courage replaces fear when the mind of fear is stilled.

If you would get rid of fear of persons and things, keep your mind free from thoughts of fear. Keep it so charged with thoughts of Christ and of courage that there is no room for thoughts of fear. Keep your thought off that which seems to arouse fear in you and center your thought upon that which inspires you to courage.

Think of Christ as the presence of that which makes you courageous. Become courageous through thinking often of Christ and consciously abiding in His presence. Learn to live with Him and to participate in His courage. Learn to turn to Him when you need courage, and feel assured that just by turning in thought to Him you will be strengthened by indomitable courage.

*God gave us not a spirit of fearfulness.—II TIM. 1:7.*

## MONDAY, APRIL 6

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*Thoughts of Christ fill my mind and cause  
me to direct my thoughts to Him.*

THE CONSCIOUSNESS of Christ comes through entertaining thoughts of Christ. The more we think of Him the sooner we arrive at the Christ consciousness. His thoughts rule us entirely. We cannot be conscious of un-Christly thoughts when our thought is centered in Him.

There is one God, one Divine Mind, one Christ consciousness. When we know no other consciousness but that of the Christ, we shall feel that we have arrived at the place toward which we have been striving through all time. The Christ consciousness is made up entirely of thoughts of God and of Truth. No thought of evil, sin, fear, disease, and lack can exist in the consciousness of Truth.

There is but one Divine Mind, one divine science, one Truth. Man may think of himself as being mortal-minded, but in Truth there is no mind apart from God. Mortal or carnal mind is but the antithesis of the mind of Truth and consequently untrue according to Truth values.

*O Jehovah!  
Thy thoughts are very deep.*  
—PSALMS 92:5.

## TUESDAY, APRIL 7

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*In the Christ consciousness I am unified  
with Christ and with every blessing I seek.*

**T**ODAY we are to meditate upon our oneness with Christ and His blessings. We are to detach ourselves from every thought that would seem to separate us from Christ. We are not to think of divisions, separations, and disunity. We are to meditate upon Christ and our oneness with Him.

One with Christ, we are one with wisdom, life, love, joy, health, and plenty. We are identified with all that is like Christ. We are one with everything that exists in or emanates from the Christ consciousness. Our consciousness of unity identifies us with our inner Christhood and it is expressed in a manner that attests our oneness with Him.

The blessing that you seek will be revealed to you in Christ. You have but to claim your spiritual unity, you have but to realize your oneness with Christ, in order to participate in His blessings. You have but to realize in the heavens of your mind that you are one with Christ in order to find that you are related to His every blessing.

*Behold, how good and how pleasant it is  
For brethren to dwell together in unity!*

—PSALMS 133:1.



## WEDNESDAY, APRIL 8

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*The love of Christ in my heart now inspires me to be loving toward all persons.*

THOSE who find difficulty in loving must turn in thought to Christ and let Him teach them to love. They must be willing to rest their mind from all thought of hate and animosity and to come before the Christ as a student comes before his master for instruction. They must be ready to lay aside hate of whatever degree and be taught to love.

Those who do not love live in a world apart from the world of Truth and love of Christ. They live in adverse thought and hold themselves outside the pale of love. Christ does not rule their life because they are ruled by other thoughts than Christ's. They are dominated by selfish interests that know not love.

Christ lives within us as that presence which constantly inspires us to love. In fact we cannot hate when our thought is with Christ. We can only love when we realize that Christ abides within us as the very presence of love. He ever inspires us to love and to see all situations from the standpoint of love. When His love fills our heart, we go the way of love and live in a world of love.

*Abound in love one toward another.—I THESS. 3:12.*

## THURSDAY, APRIL 9

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*The way of Christ now opens before me,  
and I find it the way of peace, joy, and  
plenty.*

**A**RE YOU undecided today about which way to take? Do you find that making decisions is hard for you? Do many ways appear before you to confuse you in your decisions? Know that in Truth there is but one way, the way of Spirit, that leads to peace, joy, and plenty.

The way of Christ, rightly understood, is the way of blessings. When we go this way, we realize that we are attended by Christ in all that we do. We find His presence with us, directing us along the way. He governs and directs us into our highest good. Life cannot be a hard proposition when we go the way of Christ.

If you would make the way of Christ your way, you must think Christlike thoughts. To go the way with Him you must be mentally attuned to Him. You need to think with Him as He goes along the way with you in order to receive from Him the blessings He has in store for you. Live this day in the consciousness that Christ's way is your way.

*Blessed are they that are perfect in the way.*—PSALMS  
119:1.

## FRIDAY, APRIL 10

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*I rejoice this day that Christ lives within me, inspiring me to ever-increasing joy.*

THE JOY of Christ is that which man ever seeks and that alone which can satisfy his every need. When we rejoice in Him, we find the satisfaction we have sought and discover that His joy fulfills our every desire. We may seek far and wide for satisfaction in life, but we fail to discover it until we find Christ and the joy that is His.

When we discover that Christ is within us, we find our heart filled with joy. We find the joy that ever increases, the joy that never changes, and our heart tells us that Christ is with us. Nothing can sadden us, nothing can make us downcast when we know that Christ is within us.

There may have been some experiences in the life of Jesus that might appear to us to be sad ones, but we like to think of Him as living so close to His Father that joy filled His heart at all times. He rejoiced to live near to God, even as we rejoice to live near Christ. We can have no higher ideal than that of living in constant touch with Christ and experiencing His ever-increasing joy. The joy of Christ is ours when we live in the presence of Christ.

*Thou hast put gladness in my heart.—PSALMS 4:7.*

# THE LESSON-



by Fern M. Rossman...

I took life's tangled skein into a wood  
Where tall trees grew,  
Where summer winds touched lightly leafy harps,  
Where all things knew  
That God is everywhere, in everything,  
That He is good.

I found a cool retreat where ferns grew tall  
Beside a brook,  
Which laughed and sang as it pursued its way  
In graceful crook—  
No worry for the rapids! It had heard  
The sea's far call.

The trees sent down their message. It had seemed  
So far to grow  
Through undergrowth and shadowed density  
Into the glow  
Of sunlit skies, to find the brightness there  
All they had dreamed.

The patience of the trees possessed my soul.  
The faith of streams  
That flow forever toward the hidden sea  
Made my own dreams  
Reality! I faced with courage then  
My own life's goal.

SATURDAY, APRIL 11

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*Living with Christ today, I find heaven  
within and about me.*

HEAVEN is that harmonious state of consciousness which attests to us the presence of Christ. When we live in His presence, we live in heaven. We find heaven here and now if our heart is directed toward Christ. His blessings become ours now as the very blessings of heaven if we are in the heavenly consciousness.

Never think of heaven as something dependent on time or distance to be revealed to you. In heaven there is no such thing as time or space. Heaven is present here and now if our consciousness is attuned to perceive it. It is both within and about us. When our vision is lifted heavenward, we find heaven.

Heaven is a state of consciousness that reveals to us a heavenly environment. We cannot live apart from heaven when we are in the heavenly consciousness. We live in the presence of Christ and find that we are in the very midst of heaven. A harmonious state of mind is our passport to the heavenly realm.

*Seek ye his kingdom, and these things shall be added unto you.—LUKE 12:31.*

## SUNDAY, APRIL 12

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*This day I am exalted to the consciousness  
of rising above every limited and material  
condition.*

LET US think of today as one in which we rise above those material conditions which have seemed to hold us back in our progress. Let us turn to Christ within us and feel that something is lifting and exalting us to that consciousness which knows no limitation, no hindrance, no obstacle.

Think of yourself as being caught up to the state that Paul called the "third heaven." Live in this state of ecstasy which knows no despair, no material limitation, no hindrance. Make this your day of rising above that which has seemed to hold you back. Declare this the day on which you rise out of adverse and material conditions into the ecstasy of Spirit. Arise! Ascend!

Does something seem to hold you back? Let your high consciousness of spiritual ecstasy cut you loose from all that fetters. Rise to the high consciousness of Spirit that gives wings to your soul and causes you to be lifted high. Live in the realization that today you rise out of material fetters.

*I know a man in Christ . . . caught up even to the third heaven.—II COR. 12:2.*

## MONDAY, APRIL 13

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*I give up every thought of anxiety for the assurance that in Christ all is well.*

WE HAVE the feeling that all is well when we give ourselves into the keeping of Christ. We can have no worrisome thought when we are assured that He is taking care of us. We exchange anxiety for this confident assurance when we turn to Christ in prayer.

A person who worries is not one who has an intelligent understanding and places his whole trust in Christ. The anxious person is always one who thinks more of the state of affairs in the external world than he does about Christ. He is a person who becomes worried because he feels that the affairs of the world are too much for his own innate power to handle them. Certainly he needs to turn often to Christ and to realize that Christ is mightier than all the world external to him.

Giving up anxiety is but a simple matter of turning Christward. The person who realizes that Christ is in his midst cannot be anxious. He cannot worry when he realizes that he and all his affairs are in charge of the Christ. But one thing is necessary: he must give himself completely to Christ.

*In nothing be anxious.—PHIL. 4:6.*



## TUESDAY, APRIL 14

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*Since only the law of Christ rules me, the law of good, I cannot be ruled by adverse law.*

THERE ARE many persons who think of themselves as bound by adverse laws, laws of disease, laws of ill luck. They think of all their misfortune as coming through the operation of such laws. They are ruled in the most despotic fashion by their belief in laws of adversity, misfortune, and fear.

In Truth there is only the law of good. When we understand Truth we cannot be ruled by any other law than that of Christ. This law, when we need health, becomes to us the positive law of our health; when we need supply, it becomes the law of our good fortune; when we need freedom, it is the law of our deliverance. We can see that the law of Christ is the law fulfilling human need.

Many persons give so much thought to laws of adversity that they can scarcely believe in the law of good. They become so engrossed in thinking of the laws that mortal man makes for himself that they give little thought to the one and only principle of Truth.

*Thy law is truth.*—PSALMS 119:142.

WEDNESDAY, APRIL 15

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*The justice of Christ rules my world and  
I am assured of perfect justice in all my  
dealings.*

**I**F YOU would be ruled by the justice of Christ, keep all belief in injustice out of mind. The thought of injustice will attract to you situations of injustice. You can see that if you are unjust toward others, you build up a consciousness of injustice that in turn will attract injustice to yourself. The reason you must not believe in injustice for others is because such a consciousness will cause injustice to work in your own affairs.

If you believe in injustice, you believe in something other than the power and law of Christ. If injustice appears in your world either as your attitude toward others or as theirs toward you, you may know that in your heart of hearts you are not firmly convinced that the law of justice in Christ rules your world completely. The evidence of injustice attests your disloyalty to Christ.

Give your whole thought to Christ. Know that He is both judge and justice in your life and world. Realize that nothing can prevail against His righteousness.

*With righteousness shall he judge.—ISA. 11:4.*

THURSDAY, APRIL 16

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*Christ, the good, now becoming tangible  
and visible, dispels every form of evil from  
my life.*

IF YOU think about sin and evil, you cause these to appear in your world. Your thinking about their reality causes them to seem most real to you. They become visible to you because in your mind's eye you perceive them as something that is identified with you. By a certain psychological law you bring evil into manifestation through thinking about and believing in it.

If you will think of Christ as the power of good in your life, giving your entire thought to Him, you will not be bothered with evil. Evil disappears when you no longer recognize it as something or think of it as sharing place and power with Christ, the good. Evil cannot exist in your world when you realize that Christ alone has being and reality.

Does sin often come to your mind? Only keeping the thought of Christ, the good, uppermost in your mind can assure you of freedom from the thought of sin. Sin cannot abide where Christ is. Evil in whatever guise cannot appear or live when we are loyal to Christ.

*Jehovah also hath put away thy sin.—II SAM. 12:13.*

## FRIDAY, APRIL 17

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*Christ, the Truth, now active in my consciousness sets me free from every false belief.*

WE MAY define a false belief as one that has no place in the Truth of Christ. The divine science or heavenly philosophy that Jesus brought to suffering humanity was the Truth that delivers man from beliefs that hold him in bondage. Man proves to himself that he believes in Christ when he corrects his own thought and accepts Truth.

Because we know that the Truth of Christ came to us as our salvation we think of Truth as our savior. We identify Christ with this salvation and in our minds He is the Truth that delivers us. When we lift our hearts in gratitude for this saving Truth, we but give thanks to our Master Jesus for His gift to us. The life of this holy teacher is so closely identified with His Christ message that the two are inseparable.

The study of Truth helps us to correct our thought and to establish ourselves in security from adverse beliefs.

*When he, the Spirit of truth, is come, he shall guide you into all the truth.—JOHN 16:13.*

SATURDAY, APRIL 18

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*The power of Christ is now active in me  
and I no longer believe in the power of  
adversity.*

**W**HAT HAS power in your life? Christ? When you think or say that adversity has power, you show that you no longer believe in Christ. When you concede power to evil, disease, and sin, you may know that you do not believe in the omnipotence of God. Every thought that you give to any belief in adverse powers but detracts from your ability to understand the power of Christ.

The power of Christ is the power that frees you from evil, disease, fear, and failure. It is the power that establishes you in peace, health, love, and plenty. It is the power that puts an end to adversity and limitation and opens to you a new world of infinite blessings.

Christ within you is the source of your power. In turning to Him you turn on your power. Adversity can have no power in your life when the power of Christ is operating in you. The power of Christ in you is the very power of heaven.

*The God of Israel, he giveth strength and power.*  
—PSALMS 68:35.

## SUNDAY, APRIL 19

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*The light of Christ shining at the heart of my being scatters all darkness and illumines my life.*

THOSE WHO believe in ignorance sit in darkness. Those who recognize the light of Christ shining within and about them behold a great light and find that it is the light of their inspiration and wisdom. Those who bear the light of Christ cannot be in the dark. They are illumined in all their thinking and in all their ways.

The light of Christ is the light of whatever wisdom we need. Even as Christ comes to us in the form by which He can best serve us, so does His light shine for us in the way by which it can best illumine us. Certainly nothing that we need to know can be withheld from us when we carry the light of wisdom with us along our way.

The light of Christ inspires us and reveals to us that which has appeared as hidden from us. His light uncovers our good and reveals it to us as the blessing we need most at the time. Our revelation from God is but an uncovering of that which has always existed for us.

*The Spirit of Jehovah shall rest upon him, the spirit of wisdom and understanding.—ISA. 11:2.*

AFFIRMATIONS USED BY  
SOCIETY OF SILENT UNITY

March 20 to April 19

Illumination

*The light of Elohim illumines me.*

Healing

*Jehovah God restores me to health and  
wholeness.*

Prosperity

*Jehovah-jireh is my supply and support,  
and I have plenty.*

## MONDAY, APRIL 20

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*The healing presence of Christ causes me to know that in Him I am whole and well.*

**T**HINK of Christ as living within and about you, constantly inspiring you to turn from all belief in disease and to accept the truth about your health. By thinking about the truth of your health you cannot believe in disease. Knowing that Christ is present as your health, you cannot believe that disease has presence in your body.

The healing presence of Christ causes you to realize that the perfect health of Christ is your own health. Meditating upon Christ, you come to realize that you are one with Him in health. You become strong and well because you have grasped the truth that makes you strong and well.

Jesus came to a suffering humanity in order to give man the truth that corrects his mind about disease. He gave man the Christ Truth, which establishes health in place of disease. He gave man the truth that wipes disease from mind and causes health to become tangible and visible. Jesus' healing work consisted in correcting the thought of man and opening his mind to the power of Christ.

*Behold, I will bring it health and cure, and I will cure them.*—JER. 33:6.



TUESDAY, APRIL 21

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*Prosperous ideas implanted in my mind  
through Christ now direct me to my own  
prosperity.*

WHEN YOU need more prosperity, you naturally turn to some prosperous idea. Prosperity first of all is mental. You cannot attract prosperity and success if your mind is closed to prosperous ideas. The greatest barrier to such ideas is a consciousness of poverty and failure. Many persons are slow in prospering because of the difficulty they experience in getting rid of fixed ideas about lack.

You cannot believe that prosperity is God's will if you still have the slightest belief that poverty is a virtue. You cannot believe in the free circulation of prosperity through your mind and affairs if you believe that any person or situation has power to stop or delay your prosperity. You cannot prosper if you think that God's world has a limited supply of what you need.

Live today in the realization that your mind and affairs are charged with prosperity. Accept your prosperity as true.

*Beloved, I pray that in all things thou mayest prosper  
... even as thy soul prospereth.—III JOHN 2.*

## WEDNESDAY, APRIL 22

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*The presence of Christ protects and delivers me from all danger. In Him I am safe and secure.*

**M**EN HAVE been in wars and in earthquakes but have come out of these safe and sound because they realized that Christ was their protection. They have been delivered from the enemy and from the appearance of destruction because they knew how to live in Christ's presence.

When danger appears, we have recourse to Christ. We turn from that which seems to be able to hurt us to Christ in whom we are secure. We no longer see the appearance of evil but in its stead behold the bright and shining presence of Christ within and about us.

Christ is mighty to protect you from all harm. He is mighty to infold you in His aura of peace and love and to deliver you safely from what appears to be disaster. You have but to keep evil from your mind and keep your thought upon Him. You have but to look past the appearance of evil and see your salvation in Christ. Danger flees before Christ.

*Jehovah hath been my high tower,  
And my God the rock of my refuge.*

—PSALMS 94:22.

## THURSDAY, APRIL 23

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*My body, the temple of the living God, expresses His health and perfection.*

THE BIBLE reveals to us that the body is God's holy temple. We can see that our previous belief about it as being some habitation of impurity and disease is wrong. We accept the truth that it is a temple of purity, health, and perfection. We give up previous beliefs that are adverse to this truth and accept the Truth of Christ.

If you want to be healthy, you must have the right belief about and attitude toward your body. You cannot think that it is something to be slighted and condemned and at the same time hope to have it healthy. You must realize the truth that it is God's temple and that His presence fills it with health.

As the custodian of God's temple, you must keep it in proper condition for the presence of God. You must know that it is something holy and divine because it naturally becomes like the character of its occupant. You must keep out of mind every adverse thought about your body. You must establish a subconscious belief in your body's purity and health that will work at all times.

*Know ye not that ye are a temple of God, and that the Spirit of God dwelleth in you?—I COR. 3:16.*

## FRIDAY, APRIL 24

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*Christ in me inspires me to be quiet and silent.*

HAVE YOU acquired the very good habit of being quiet in times of strain and stress? Have you found that inner place of silence that is a retreat from worldly noise and confusion? Do you know there is power in silence?

Many persons go through life seemingly without the ability to become still. They have not found the presence of Christ within themselves. They have not found that inner sanctuary of quiet before which all must become quiet. The presence of Christ to them is an undiscovered country, and because of this they live in a state of mental and physical chaos.

Christ abides within us as the presence that causes us to be quiet. The world about us may be one of noise and confusion, but the only world we know is the world of quiet in which Christ is the master of quietness. Such a world is one of peace, power, and healing.

With your thought centered upon Christ you will emerge into a world wherein as stillness He reigns supreme.

*Jehovah is in his holy temple: let all the earth keep silence before him.—HAB. 2:20.*

## SATURDAY, APRIL 25

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*The forgiving Christ in me now inspires  
me to forgive and forget every seeming  
wrong.*

WHEN WE know that we have within us the very power to forgive, we do not find forgiving difficult. We forgive easily when we let Christ within us forgive. We let go of the memory of having been injured by word or deed when our whole thought is engrossed in thinking of the Christ.

The forgiving Christ always inspires us to forgive. We cannot hold any grudge or thought of revenge or jealousy when we let Christ inspire us. Forgiveness is sure to come when we let Christ's work go forward unhindered by any adverse thought of our own.

When we see how easily and how simply Christ forgives, we wonder how we could stand in the way of forgiveness so long. We see how childish it is to refuse or to neglect to forgive. We see a new world opened to us when our heart is filled with forgiveness.

Is there some one you should forgive?

*Whatsoever thou shalt loose on earth shall be loosed  
in heaven.—MATT. 16:19.*

## SUNDAY, APRIL 26

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*I abide in a state of prayer, knowing my oneness with Christ.*

REMEMBER that you can pray regardless of where you may be or what the situation may be. No person or external thing can keep you from turning in thought to Christ and knowing your oneness with Him. Learn to pray whether you need to do so or not. Let prayer be second nature to you.

We pray when we realize our oneness with God and with the blessing we seek. Our prayer is answered when we get the clear realization that we are one with whatever we seek to bring into visibility in our life. Never think of God as withholding your good from you. The good you pray for becomes tangible to you when you enter the high consciousness in which you know that God is tangible to you.

You are praying when you draw nearer and nearer to Christ in the realization that nothing separates you. You find that nothing can keep you from the good you desire. You find that all the blessings of Christ are yours when you pray. In the higher consciousness no belief in separation can keep you from identifying yourself with Christ.

*I will pray with the spirit, and I will pray with the understanding also.—I COR. 14:15.*

## MONDAY, APRIL 27

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*The presence of Christ ever exalts me.*

**T**ODAY we are to meditate upon the power of Christ to lift us up. We are to realize that His presence lifts us above all that is adverse and sordid. We are to know that His exalting presence exalts us above every limitation. We are to turn our thought to Christ and know that He lifts us above every condition that would cast us down.

When you need to feel exalted, do you turn to Christ? Do you turn from the thought and appearance of something adverse and debasing to the Christ who lifts up? Do you turn away from the appearance of some menace to the presence of the One who lifts you up above all that would hold you back? Christ is ever exalting you. He is ever inspiring you to look away from material and limited conditions and to turn to Him.

Let this be the day of your exaltation. Feel today that you are taking a higher step. Feel that Christ is putting your feet on higher ground. Realize that you are going forward, upward, onward. With the thought out of your mind that things can hold you back, you can only progress.

*Now will I arise, saith Jehovah; now will I lift up myself; now will I be exalted.—ISA. 33:10.*

TUESDAY, APRIL 28

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*I no longer believe that time and delay can influence my affairs. I believe that God blesses me here and now.*

**T**HERE ARE THOSE who are in bondage to limitations because of their conception of time. They think of themselves as bound by time and of their affairs as limited by delays and obstacles caused by the power of time. They live in a state of frustration because they mesmerize their affairs with the thought of this limitation.

In the world of God there is only the eternal now. God knows no limitation of past or future, no yesterday or tomorrow. The blessings of Spirit appear here and now if our consciousness is ready to receive them. The thought of limitation, delay, and frustration exists only in a consciousness unredeemed and uneducated by Truth.

Cease to put off the good that is coming to you. Let it appear here and now. It cannot come until you have the consciousness of receiving, of answered prayer. The delay of your redemption from adversity is but a time limitation imposed by your own consciousness. Your demonstration is made when you overcome the belief in time and delay.

*Redeeming the time.—EPH. 5:16.*



WEDNESDAY, APRIL 29

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*Conscious of the presence of Christ within  
and about me, I relax from all stress and  
strain.*

HAVE YOU realized that when you are conscious of the presence of Christ, you cannot be tense? Your consciousness of His presence puts you at ease. Thinking of Christ, you cannot think of anything as having power to disturb you. Realizing your oneness with Christ, you cannot be in a state of tension.

The presence of Christ causes us to relax in mind and in body. Entering the secret place of His presence within our heart, we cannot be tense. We exchange the thoughts that have been producing tension for the Truth of Christ. We give up our tension for harmony, peace, love, and joy.

The tense persons are always those who are fearful, who resist life, who do not move along with life. They hold themselves apart from their fellows in many respects. They take life as a very difficult proposition. They need to trust God more and to learn to live in the presence of Christ.

*He that dwelleth in the secret place of the Most High  
Shall abide under the shadow of the Almighty.*

—PSALMS 91:1.

## THURSDAY, APRIL 30

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*The life of Christ in me fills me with bountiful life and I am thoroughly alive.*

**I**F YOU lack animation, turn to the life of Christ within you. Turn your thought to the presence of Christ within you, which is also the very presence of life. You cannot lack life when you are conscious of Christ within you. You cannot be without energy when you know that you are unified with His life.

Living with Christ compensates us by giving us more of life. We identify ourselves with the bountiful life of Christ and find ourselves filled with life. We find that inner source of life that fills us with inexhaustible life. We discover that we have but to turn to the presence of Christ in order to unify ourselves with life.

The life of Christ is never-ending. There is no limitation to His life. We can use it without fear of exhausting the supply. We draw upon His life and find that our consciousness of life increases. His life is deathless and eternal. We need not anticipate death when we have the consciousness of abundant life.

*Our Saviour Christ Jesus, who abolished death.—II TIM. 1:10.*

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UNITY SCHOOL OF CHRISTIANITY  
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## DO YOU REALLY WANT PROSPERITY?



• There is a difference between wanting prosperity and wanting it enough to help bring it into manifestation. If you really want prosperity you must rid your mind of every negative thought and begin to cultivate rich ideas. The Prosperity Bank drill will help you to do this, and while you use it Silent Unity will pray with you to help you make a demonstration of prosperity and success.

• Practice the drill daily to enrich your consciousness, and at the same time save a coin to send UNITY DAILY WORD to friends who especially need its message. The Prosperity Bank plan offers you a way to help yourself and others.

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Please send me a Prosperity Bank. I will save \$3 to send UNITY DAILY WORD to each of these three friends.

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Street .....

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Friend's name .....

Street .....

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Friend's name .....

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## IN APRIL *Wee Wisdom*

"The Lark"—A lovely Easter story by the popular author, Estelle Urbahns.

"The Brightest Day"—The beloved Resurrection story told in a way that children can understand and enjoy.

Ideas for an Easter party, with recipes for the dainties to be served.

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UNITY SCHOOL OF CHRISTIANITY

917 Tracy, Kansas City, Mo.

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## I PRAY

I pray for that sanctity which leads to  
prosperity,  
which has long afforded shelter,  
which goes on hand in hand with it,  
which joins it in its walk,  
becoming its close companion,  
bearing every form of healing virtue,  
bringing good gifts and better  
blessings;  
and for the prosperity of the entire creation.

—Zoroaster.

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